



Ready to Grow

Ready to Grow is a First 5 Nevada County program through 211 Connecting Point. Its purpose is to connect families with children ages 0-5 in the household with services and information that support the well-being of everyone in the family.

To learn about Ready to Grow resources simply call 2-1-1 or 833-342-5211. The Call Specialist will ask questions to find out what your needs are. They will then focus on resources that are most likely to meet those needs.

The conversation addresses questions such as:

- Does your family have a pediatrician for your child or children?
- Medical insurance?
- A children's dentist?
- Are your family's nutritional needs being met?
- Do you have any concerns about your child's behavior?
- What do you like to do for fun with your child or children?

Ready to Grow also offers the Ages & Stages Questionnaire (ASQ), which can help families understand where their child is developmentally. Ages & Stages is facilitated by a member of Connecting Point's Navigation Team. The Navigation Team works with clients in a more case-management style relationship. Based on Ages & Stages findings, the Navigator may provide more specific resources.

After the Call Specialist makes referrals to relevant resources, including an ASQ if desired, they offer to make a follow-up call to see how things unfold and offer additional resources that may be needed. A client's agreement to follow-up calls is not required to take advantage of Ready to Grow resources and/or the Ages & Stages Questionnaire.

211 has many resources for families with young children, and Ready to Grow is one of the most successful and popular programs among Nevada County families. Ready to Grow is not currently offered to Placer County residents.

Questions? Call 2-1-1 or 833-342-5211